



**Wellness Health Specialist – Seasonal, Exempt**  
Reports to: Camp Director

**Mission:** Sherwood Forest provides dynamic programs and immersive outdoor experiences that inspire and empower youth from under-resourced communities to discover their resilience, prepare for their future, and embrace their civic responsibility.

Sherwood Forest Camp is the only independent, non-profit youth development agency in the St. Louis region providing resident camp experiences for elementary school age children from economically disadvantaged families. We have a rich 85-year history, and with innovating programming being developed each and every year, a truly promising future.

**Position Summary:**

Wellness Health Specialist role is a seasonal, supervisory member of the program team. They are responsible for establishing strong, positive relationships with the youth at camp, as well as serve as a resource for other seasonal program staff. The Wellness Health Specialist will work with cabin staff to meet the behavioral, mental, emotional and social health (M.E.S.H) needs of campers through one-off conversations, frequent check-ins, or M.E.S.H support plans.

**Job Requirements and Responsibilities:**

- Establish and maintain healthy and appropriate relationships with youth, focusing on safety, support, interaction, and engagement.
- Utilize strengths-based counseling with youth around issues such as homesickness, peer conflict, family issues, and mental health issues. Anticipate and mitigate situations of difficult youth behavior.
- Facilitate training for seasonal program staff.
- Provide ongoing guidance and coaching to seasonal staff on how to appropriately respond to youth needs and behaviors.
- Identify youth needs through discussion and observation then respond using the appropriate intervention.
- Obtain personal care items and other resources for youth as needed.
- Communicate with families to discuss their child's successes and challenges while at camp, when necessary
- Consult with Camp Director and Camp Nurse regarding youth issues and/or disclosures; complete necessary documentation related to youth issues and/or disclosures.
- Supervise Youth Advocates
- Other duties which may be assigned by Camp Director

**Qualifications & Certifications:**

- Degree or certificate in mental health related field; masters preferred: Social Work, Counseling, Therapy, Psychology, or other M.E.S.H related field etc
- Previous experience working with youth
- Must be 21+ years old
- Must have a valid driver's license, the ability to obtain a Class E, pass a driver's certification program, and be approved by insurance company
- Must be available for all trainings and programming from mid-April through mid-September.

**Skills and Abilities:**

- Ability to establish and sustain positive rapport with youth of all ages and diverse background
- Puts time and energy into listening to others and is approachable
- Ability to assess an individual's strengths and challenges and work with them to improve their abilities
- Ability to anticipate, identify, and resolve problems in a timely manner, gathers information skillfully, and works well with others to solve problems
- Consistently models for staff and youth appropriate and positive interactions
- Able to deal with frequent change, delays, or unexpected events
- Ability to make sound decisions in a timely manner
- Open to personal growth and able to respond to constructive criticism

### **Essential Functions:**

- Possess strength and endurance to maintain constant supervision of campers and staff.
- Abilities to observe camper and staff behavior, assess its appropriateness, enforce appropriate safety regulations and emergency procedures, and apply appropriate behavior-management techniques.
- Ability to effectively communicate in person or by phone, and exchange accurate information.
- Ability to work and navigate in a variety of terrain and weather conditions.
- Ability to use visual and auditory abilities to identify and respond to environmental issues and hazardous situations.
- Ability to endure and maintain constant supervision of CITs.
- Ability to work long hours.
- Ability to live at camp over the summer.

### **About Sherwood Forest**

Sherwood Forest Camp, Inc. is a year-round, youth development agency, anchored in a residential summer camp experience. We provide dynamic programs and immersive outdoor experiences that inspire and empower youth from under-resourced communities to discover their resilience, prepare for their future, and embrace their civic responsibility. Through our Quest, Outdoor Education, and Supports for Success programs, we help kids discover the best in themselves so they can grow up to do good in the world.

The Quest program serves children from 1<sup>st</sup> to 9<sup>th</sup> grade. The Supports for Success (S4S) program serves camp alumni beginning in the 10<sup>th</sup> grade to help them ensure post-secondary pursuits and support them as they transition into young adulthood.

Sherwood Forest is committed to eliminating racism, biases, and racial disparities in our society and eradicating barriers that thwart the development, growth and prosperity of youth in our community. All staff must be willing to work to that end and committed to our upholding our race equity cultural pledge.

Sherwood Forest is an affirmative action, equal opportunity employer. All candidates have an equal opportunity for employment, without regard to race, color, religion, sex, sexual orientation, gender identity, national origin, disability, age or status as a veteran. Personal staff information – (application, references, background investigations, medical records) – will not be released, except as may be required by law. Requests for references regarding the staff member's performance will be honored; however, the staff member must authorize the release of such information.

All those who attend or work at Sherwood Forest, are required to have age appropriate vaccines as outlined but the Missouri Department of Public Health & Senior Services (Missouri Statute 167.181). <https://health.mo.gov/living/wellness/immunizations/pdf/2022schoolrequirements.pdf> These immunizations are also required for students to attend school in Missouri.

Staff are also required to be fully vaccinated for COVID-19 at least two weeks prior to starting employment at Sherwood Forest. Documentation of vaccine status will be requested once a position has been offered.

Religious (Imm.P.11A) and Medical (Imm.P.12) exemptions are allowed and will be evaluated on a case by case basis. The appropriate exemption card and approval for accommodation must be on file prior to arriving at Sherwood Forest.

### **To apply:**

Submit a cover letter, resume, and a list of three professional references with necessary contact information to [Alexisn@sherwoodforeststl.org](mailto:Alexisn@sherwoodforeststl.org)